



## Application for Retreat at Sakya Monastery's Tara Meditation Center at Earth Sanctuary – Please Print Neatly

Name:		<b>This form is only valid for Sakya Monastery Members who plan to do Sakya practices on retreat.</b>	
Address:		Email:	
City:		State:	Zip:
Mobile Phone (needed to coordinate time to meet Caretaker):		Home/Work Phone:	
Emergency Contact Name:		Emergency Contact Phone:	
Arrival Date:	Departure Date:	Total # of Days:	Total cost: \$35/day or \$210/week per person:
<p>*100% of total amount is due at time of reservation in order to confirm reservation. The reservation is not final until payment is received. Checks (U.S. Dollars) or cash or credit card via PayPal are accepted. Reservation fees will be returned (minus a \$25 Service Charge) if your reservation is cancelled more than 30 days before your stay or in the event of family emergency.</p>			
Describe your proposed retreat schedule and Sakya spiritual practices you plan to do:			
List people who may be seen during the retreat below. (Other than these people, no outside communication is recommended before the end of the scheduled retreat.)			
Person(s):			
<b>I agree to the Earth Sanctuary rules and protocol listed on page 2 of this form:</b>			
Signed (Retreat Applicant):		Date:	
<b>For Staff Use</b>			
<input type="checkbox"/> 100% Payment received			
<input type="checkbox"/> Confirmed Monastery Member			
<input type="checkbox"/> Retreat Approved By H.E. Dagyum Kusho Sakya			
<input type="checkbox"/> Application form signed and emailed to: Chuck Pettis and Celia Sullivan			
<input type="checkbox"/> Retreat approved by Chuck Pettis and Celia Sullivan			
<input type="checkbox"/> Reservation dates checked and approved by: Celia Sullivan 360-321-5465			

**Send filled-in forms to:**

**Sakya Monastery**  
**Attn: Tara Med. Center**  
**108 NW 83rd Street**  
**Seattle, WA 98117 USA**  
 Tel: (206) 789-2573  
 email: [Monastery@Sakya.org](mailto:Monastery@Sakya.org)

Tara Meditation Center (not mailing address)  
 Earth Sanctuary  
 2235 Newman Road  
 Langley, WA 98260  
 Tel: (360) 321-4103

## Protocol – Rules for Earth Sanctuary Property

Earth Sanctuary was founded on the principles of Tibetan Buddhism. These principles are fairly similar to most spiritual practices. Please follow them to preserve the integrity and energy of the land and especially the sacred spaces.

- Abstain from killing any being or animal, even an insect. If you accidentally step on an ant just say a prayer for it. Wear mosquito repellent and you don't have to worry about accidentally killing mosquitoes (there is some at the retreat house for retreatants). This fosters the principle of compassion for all life.
- Abstain from stealing, sexual activity, and from telling lies. This fosters respect for sacred spaces, and honesty.
- No illegal drugs, intoxicants, or firearms are permitted. Alcohol is permitted only in the context of certain ceremonies.
- Smoking and chewing tobacco is not permitted anywhere on Earth Sanctuary property except in the context of Native American ceremonies. The above are obvious, but they do foster the principles of clarity of mind, and keeping the body pure and healthy. Both of those principles make a big difference in the quality of your meditations.
- No moving of objects in the building or on the grounds.

### Safety and Care of the Land

- No canoeing or swimming is allowed in any of the ponds. No one is allowed on the bog island for any reason. Hiking is permitted only on cleared trails.
- Remain outside of marked ecologically sensitive areas, such as the Osprey nesting area during breeding season.
- Be sensitive to birds and wildlife. Do not disturb any animals or birds, especially in nesting and breeding season.
- Park in designated areas only. Groups may be asked to park on an adjacent property (gated) away from the house.
- Please treat the grounds, building and residents with care and respect. Return your area to the condition in which you found it or better.

### Protocol – Rules for Retreat Practice at the Earth Sanctuary

- Candles and incense are allowed in the main meditation room only; candles and incense should not be left unattended. Only votive-type candles should be used, tapered candles are not allowed.
- This is a spiritual house, not a romantic get-away. Please be considerate of the spiritual nature of this special house.
- In order to minimize distraction by others, dress appropriately: simple, modest, and comfortable. Sunbathing and nudity are not permitted. An attitude of modesty prevails at all times.
- Note: violating any of the rules is reason for retreat termination.

### What is provided at the Earth Sanctuary House?

- Two retreat bedrooms, each with twin beds. The beds come with clean linen, down comforter and pillow.
- A combination meditation/living room with sofa and easy chair, wood stove, bookcase. There are nine zafus with zabutons. There are also 10 chairs.
- Fully-equipped kitchen with eating utensils and dining area.
- Washer and dryer.
- Bathroom with clean towels and washcloths.
- Large closet and storage area that may also be used as a “primitive” sleeping area for groups.
- There is no phone. Pay phones are available in Freeland. Some cell phones work well, i.e., Verizon, T-Mobile and others.
- There is no Wi-Fi at the Retreat Center.

### What should be brought to the Earth Sanctuary House?

- **All Retreatants are responsible for picking up and cleaning the Retreat Center after they are done, including washing the bedding that you use.**
- All materials for your spiritual practice.
- Proper clothing, bathrobe, slippers, toiletries, clock.
- Hiking shoes and appropriate outdoor clothing for the season, if you choose to walk the property.
- Bring enough food for your stay (all food and drink must be kept in the kitchen area). Two supermarkets are located nearby.
- Note: you are responsible for preparing your own meals.
- All visitors to the Earth Sanctuary House are responsible for picking up and cleaning the house after they are done.

**Check in & check out time** – Arranged ahead of time.

**Refunds** – No refunds will be made for shortened retreat stays.

**Taxes** – Applicable taxes will be added to your final bill.

**Transportation** – You are responsible for transportation to and from the Earth Sanctuary.

**Pets** – We do not have accommodations for pets. However, there are four wild cats that live in the bushes and shrubs in the backyard.

**Children** – We regret we cannot accommodate any children under 12 years of age.

### Disclaimers

- People with serious mental disorders should not come with the expectation that retreat will cure or alleviate their mental problems.
- People with unstable interpersonal relationships and a history of various treatments should not come. It is impossible for us to care for such people with these backgrounds.
- Retreat is not a substitute for medical or psychiatric treatment and is not recommended for people with serious psychiatric disorders.
- The Earth Sanctuary I LLC is not liable for any personal injuries, for any reason, that may be sustained during stay at Earth Sanctuary.

## EARTH SANCTUARY LIABILITY & PHOTO RELEASE FORM

I, who am over the age of eighteen, of my own free will seek to visit Earth Sanctuary I LLC (Earth Sanctuary). As a condition of the use of Earth Sanctuary's property, facilities, and/or equipment, I agree, on behalf of myself, my above-referenced child, my heirs, and assigns, as follows:

I understand that while at the Earth Sanctuary certain dangers may occur, including but not limited to, the hazards of hiking in the wilderness, being around ponds and wetlands, wild animals, the forces of nature, or accidents or illness in remote places without medical facilities. I understand that it is not the function of Earth Sanctuary, or any of its directors, officers, employees, contractors, or agents (Agents), to serve as guardians of my or my child's physical or mental health or safety while participating in a Program. I assume and all risk of any injury, including personal injury, death, property damage or other injuries or damages (Injuries) arising out of or in connection with my participation in the Program, and/or the use of Earth Sanctuary's property, facilities, and/or equipment. I agree not to hold Earth Sanctuary or its Agents responsible for, and I hereby forever waive and release any claims for, any Injuries or damages (including those for the rendering or failure to render first aid, medical treatment or other treatment or service) arising out of or in connection with my participation in the Program, and/or the use of Earth Sanctuary's property, facilities, and/or equipment. This release expressly includes the assumption of risk and release of any claims for Injuries or damages alleged to result from or arise out of any negligence by Earth Sanctuary or its Agents, including, without limitation, premises liability claims. I agree to be fully responsible for any and all bills for medical services rendered to me, personal injuries, property damage, loss of personal property, and any other loss that may result from my or my child's participation in this Program, and/or the use of Earth Sanctuary's property, facilities, and/or equipment.

I further agree to indemnify and hold harmless Earth Sanctuary and any of its Agents for all costs, damages, and/or awards, including attorneys' fees, arising out of any demands, causes of action, claims, counterclaims, or crossclaims brought by any other person or entity against Earth Sanctuary pertaining to, arising out of, or as a result of any act or omission by me, intentional, negligent or otherwise, in connection with the Program.

**PHOTOGRAPH AUTHORIZATION:** I agree that any photographs taken by any Earth Sanctuary personnel of myself and/or my child while at Earth Sanctuary shall be the property of Earth Sanctuary and may be used by Earth Sanctuary, at its discretion, for any publicity, education, marketing and/or advertising purposes and I hereby consent to and authorize such use without restriction.

**I HAVE CAREFULLY READ THIS RELEASE AND FULLY UNDERSTAND IT. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND EARTH SANCTUARY, AND I HAVE SIGNED OF MY OWN FREE WILL.**

\_\_\_\_\_ (Signature)                      Date \_\_\_\_\_  
\_\_\_\_\_ (Print Name)                      Print email \_\_\_\_\_